

### Ambe Durga Education Society's

### Dadasaheb Balpande College of Pharmacy (DBCOP)

Near Swami Samarth Mandir, Besa, Nagpur-37

### Program / Celebration Report

Name of the Program Conducted: Guest lecture on POCSO Act

Relevant Occasion: NSS activity

Date: 26-09-2024

Venue: Dadasaheb Balpande College of Pharmacy, Besa, Nagpur

Relevance to Pos: I, V, VII, IX

#### **Objectives:**

• To create awareness among students about the critical issue of child sexual abuse.

 To inculcate knowledge about the psychological, legal, and social aspects of sexual abuse, and emphasize the importance of prevention and timely intervention.

Beneficiary: Students and staff are primary beneficiary of the program.

Program organizing committee: NSS Cell DBCOP.

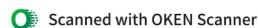
**Program outcome:** The NSS unit of Dadasaheb Balpande College of Pharmacy organized a guest lecture on the crucial and sensitive topic of Child Sexual Abuse on 26th September 2024. The session was held in the college premises and was delivered by Dr. Ramya Nisal, a respected expert in the field of child protection and mental health.

Dr. Nisal addressed the definition and scope of child sexual abuse, emphasizing that it is a grave violation of a child's rights and dignity. She clearly explained that a child cannot consent to any form of sexual activity, and any such act constitutes a punishable offense under the law. The lecture focused on the long-term psychological and emotional trauma faced by survivors and highlighted the urgent need for awareness, empathy, and intervention.

The session also included an overview of the POCSO Act (Protection of Children from Sexual Offences Act), the legal rights of children, signs and symptoms of abuse, and the responsibilities of individuals, especially students and professionals, in preventing such crimes.

Dadasaheb Balpande College of Pharmacy (DBCOP), Besa, Nagpur

Program / Celebration Report



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The guest lecture was interactive and thought-provoking. It encouraged students to engage in dialogue, ask questions, and reflect upon their roles in ensuring child safety in their communities. The program was highly informative and contributed significantly to the holistic development of students, aligning with the educational and ethical goals of the institution.

### Attachments needed: -

- 1. Photographs
- Attendance record.
- 3. Official communication.

NSS program officer Mr. Sachin Mendhi



Principal

Dr. Ujwala Mahajan PRINCIPAL

DADASAHEB BALPANDE COLLEGE OF PHARMACY, BESA, NAGPUR - 37





### Ambe Durga Education Society's

### Dadasaheb Balpande College of Pharmacy (DBCOP)

Near Swami Samarth Mandir, Besa, Nagpur-37

### **Guest lecture on POCSO Act**

Date: 26/09/2024









### Ambe Durga Education Society's Dadasaheb Balpande College of Pharmacy Near Swami Samarth Mandir, Besa, Nagpur-37

Ref.No.:- DBCOP/2024-25

Date: - 25-09-2024

### **Notice**

All B. Pharm III<sup>rd</sup> year students, teaching and supporting staff of DBCOP are here informed that, a workshop on "POSH ACT to stop Child Sexual Abuse" by Dr. Ramya Nisal organsed by DBCOP on 26th September 2024 at 2:00 pm.

All concerned should take note of it.

NSS Program Officer Mr. Sachin Mendhi



Dr (Mrs) Ujwala Mahajan

Copy to: Academic In charge/Admin. Office

ADMIN/NOTICE/2024-25

Dadasaheb Balpande College of Pharmacy (DBCOP), Besa, Nagpur-440037



## POSH & POCSO - XHENDANCE

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Report: Dadasaheb Balpande College of Pharmacy, Nagpur

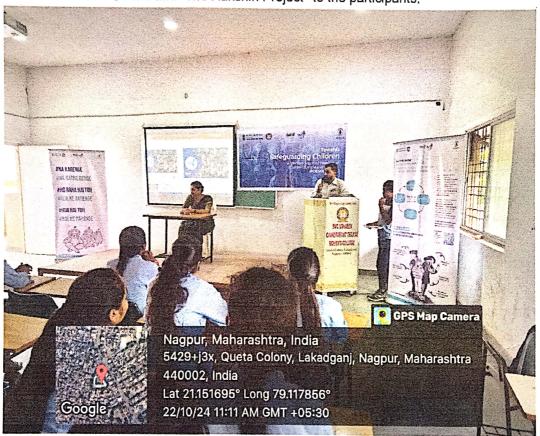
Date: 26-Sep-2024

NCC Program Officer: Sachin Madhukar Mendhi

Scheduler :Gudiya Dubey Speaker: Dr. Ramya Nisal

#### Overview

A Foundation Workshop was conducted at Dadasaheb Balpande College of Pharmacy, Nagpur by The Rakshin Project, Sakshi. The Workshop was well-attended, with students actively engaging through attentive participation and interactive questioning. The Workshop began with the introduction of Sakshi and "The Rakshin Project" to the participants.



### **Key Points Covered**

The Workshop covered our 5 critical messages comprehensively

- 1. Equality
- Explanation of how child sexual abuse impedes children's constitutional right to equality
- Use of video material for illustration

Registered | Khasra 665-666/2, Ghitomi Village, Near MCD School, Ghitomi, New Delhi - 110030 Mail | 801/2 A Wing, Andalucia Apt., Raheja Exotica Ocean City, Madh Island, Malad (W), Mumbai - 400061 hello@sakshi.org.in | www.therakshinproject.org | www.sakshi.org.in | +91-124-4669156



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- 2. Consent and the Power of "No"
- Discussion on personal autonomy and boundaries
- Concept of consent, including appropriate types and age of consent
- Video presentation to reinforce the message
- 3. POCSO Act
- Overview of the Protection of Children from Sexual Offences (POCSO) Act, 2012
- Behaviors constituting child sexual abuse
- Recognition of abuse and reporting mechanisms
- 4. Barriers to Preventing Child Sexual Abuse
- Statistics on child sexual abuse in India
- Obstacles to reporting abuse
- Importance of rights-based language
- 5. How to Talk to a Child
- Techniques for creating a safe environment for children to disclose abuse
- Importance of trusted elders in the reporting process

### The Rakshin Fellowship Program

- 5 levels spread over 2 years
- 12 certificates and 18 modules
- Focus on educating NSS volunteers to become Rakshins (preventers of child sexual abuse)
- Skill-building in conflict analysis, addressing gender-based violence, and community engagement

### The Rakshin Project Overview

- Initiative under the Directorate of NSS, Ministry of Youth Affairs and Sports, Government of India
- Aim to build capacity of 4 million NSS Volunteers across 40,000 Colleges Pan-India
- Three pillars: Education and Skill Building, Cultivating Resilience, and Sustained Engagement

### **Need for The Rakshin Project**

- 1 in 2 children in India experience sexual abuse before age 18
- 90% of abusers are known to the child
- Goal: One Informed, Skill-Built Rakshin in Each Home

Registered | Khasra 665-666/2, Ghitorni Village, Near MCD School, Ghitorni, New Delhi - 110030 Mail | 801/2 A Wing, Andalucia Apt., Raheja Exotica Ocean City, Madh Island, Malad (W), Mumbai - 400061 hello@sakshi.org.in | www.therakshinproject.org | www.sakshi.org.in | +91-124-4669156







Under CSR Initiative of western Coalfields Limited

# CERTIFICATE

OF RECOGNITION

SAKSHI EXTENDS ITS HIGHEST RECOGNITION TO COLLEGE

Dadasaheb Balpande College of Pharmacy, Nagpur

For supporting "**The Rakshin Project**" in promoting awareness of the Protection of Children from Sexual Offences (POCSO) Act, 2012 and empowering students to end child sexual abuse.

Date: 26-Sep-2024

Dr. Ramya Nisal
Project Director
The Rakshin Project by Sakshi







# Letter of Appreciation

This letter of Appreciation is awarded to

Sachin Madhukar Mendhi

NSS Program Officer at Dadasaheb Balpande College of Pharmacy, Nagpur on 26-September-2024

The Rakshin Project by Sakshi extends its deepest gratitude to you for your unwavering support. Your continued collaboration is instrumental in taking the movement forward, particularly in organizing and facilitating an impactful workshop on the 'Prevention of Child Sexual Abuse' in India. It is heartening to see the positive impact these sessions have on the transformation of youth.

Your pivotal role in creating awareness about such critical issues reflects your commitment to the well-being of the community. It is through collective efforts and the support of individuals like you that we can make significant strides in our mission. Once again, we extend our sincere appreciation and hope for your continued support in our mission to make home a safe space and stop child sexual abuse.

Dr. Ramya Nisal

**Programme Director,** 

The Rakshin Project by Sakshi





# Letter of Appreciation

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Dr. Ramya Nisal Programme Director,

The Rakshin Project by Sakshi



